

Dr. Vinny’s Fat Bombs!

Ingredients:

* 8 Tbs. Organic Peanut Butter
* 4 Tbs. Organic Cream Cheese
* 4 Tbs. Coconut Oil
* 2 Tbs. Coconut Butter
* 2 Tbs. Grass-fed Butter
* ½ cup Lilly’s stevia-sweetened chocolate chips

Directions:

* In a saucepan over a very low heat mix all ingredients.
* Stir frequently until completely dissolved and blended.
* Pour mixture into a silicone mini muffin tray, an ice cube tray OR smooth out onto a parchment covered baking dish.
* Freeze for about 2 hours or overnight.
* Pop out and store in ziplock bags in the freezer (If using a pan, break into small pieces and then store in ziplock bags in the freezer)