4250 Veterans Hwy. Suite 104E | Holbrook, NY 11741 | 631.563.6503 | The Natural Healing Center.net

Dairy-Free Thousand Island Dressing

Ingredients:

- 1 cup dairy free mayo (such as "Just Mayo")
- 3 Tbsp. organic ketchup
- 1 Tbsp. sweet relish
- Salt and pepper to taste

Preparation:

Mix all ingredients in bowl until well combined.

Store in the fridge for up to a week. Enjoy!