

Hot Pumpkin Nog

This recipe makes 2-3 servings depending on size

**Ingredients**

* 2 eggs
* 2 TBSP butter
* 2 TBSP Coconut Oil
* 2 TBSP Honey
* 1/4 tsp Sea Salt
* 1/2 tsp Vanilla Extract
* 1 tsp Pumpkin Pie Spice
* 1/2 cup pumpkin (or any orange winter squash like butternut)
* 2 cups very hot water
* Ground Cinnamon (optional)

**Directions**

Put all ingredients into blender in order shown then blend. Pour into a mug and sprinkle with cinnamon if desired. Enjoy!